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Mastering The Art Of Abdominal Acupuncture: A Concise Guide To Treating Numerous Painful Conditions



Synopsis

An English Language First | This Comprehensive Guide for students and practitioners is the ultimate path to understanding and using Abdominal Acupuncture. Mastering the Art of Abdominal Acupuncture is the first-of-its-kind to teach the powerful art of Abdominal Acupuncture (AA). One of the most revered and successful acupuncture systems in China, AA is relatively rarely or not as commonly used in the Western World. The reason for this is primarily due to an absence of professional knowledge and teaching expertise outside Asia. Now this book changes all that. Abdominal Acupuncture (Fu Zhen) is both a truly potent yet remarkably painless treatment, and in acquiring know-how and confidence in AA you will not only delight your clientele but gain an exceptional edge over your competition in the TCM field. With 15 years of clinical and teaching experience behind him, author Dave Shipsey offers you a unique insight into the history and rationale of this ancient medicinal art. By following the simple step-by-step chapters in this book, you will quickly and efficiently learn to treat even the most painful and complex conditions with success. Through this book you will:

- Gain a deep comprehension of how this system works on many diverse levels
- Be guided through the process of using Abdominal Acupuncture in a logical, easy to follow manner
- Master a number of possible treatment options for a wide variety of painful conditions
- Be taught to confidently locate AA points using two different methods
- Benefit from real-world examples of how AA can be used to ameliorate pain and wow clients
- Be given the tools and understanding to confidently formulate your own prescriptions
- Learn from detailed descriptions and over 120 illustrations of points, prescriptions, functions and depths for best therapeutic results.

"I have come across a few books in my many journeys to China that focused on abdominal acupuncture, and by far this book surpasses those writings | I can say professionally this is a must have book to help your medical practice and make your medical library complete" - Dr. Ryan Pedersen, DOM, L.Ac. CMT So, don't delay - buy this book now! If you're an acupuncture student, practitioner or just genuinely interested in the culture of Traditional Chinese Medicine, you can either gain a new appreciation of this extraordinary system of acupuncture or use it to develop a unique selling point in your own clinical practice.

Book Information

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Customer Reviews

I am an acupuncturist and Buteyko Breathing teacher with my own practice in Dublin (Ireland) since February 2001. I have been practicing acupuncture for over 14 years and have trained in various forms of what I feel are the most powerful acupuncture systems around. I trained full time in China after studying for a year in Ireland. I have spent almost 18 months in total studying in the International University of Traditional Chinese Medicine in Nanjing and I interned with many of their affiliated hospitals. I have spent almost 6 months as an Intern with Dr. Han Yan studying abdominal acupuncture (Fu Zhen). I currently teach abdominal acupuncture (AA) to final year and qualified acupuncturists through my Centreforce school, I am also a published author of a number of articles on the subject of abdominal acupuncture. This is my first book on [Mastering the Art of Abdominal Acupuncture](#) and it is intended as a teaching manual for qualified acupuncturists and students of acupuncture. I have spent over 3 years writing this book and it is a culmination of 14 years practical clinical experience using AA in my clinic Dan-Tien Complementary Health Studio, and also from my experiences teaching AA through Centreforce Abdominal Acupuncture. I am currently living in Wicklow and have a practice there and in Dublin.

Covers the basics of abdominal acupuncture, partly using a holographic map of the body located on the belly. The explanations are clear and thorough. Worth the money. Most of the book deals with treating painful conditions, with not as much detail on internal conditions like poor digestion, etc.

I love this book. I've been looking for a comprehensive text on abdominal acupuncture for a long time, and this is it. There is no other text like it. Mr. Shipsey gives excellent history, theory, and practical advice. A huge thanks to the author for sharing this phenomenal book and knowledge on this topic. It is an enormous contribution to our profession, given that so much of the power and subtlety of Chinese medicine has been lost today. Gentle acupuncture on the abdomen is in stark

contrast to "dry needling" which has become so prevalent in the US. My congratulations and thanks to Mr. Shipsey and his teachers for transmitting this knowledge. Highly recommended to any serious clinician looking to improve results.

Abdominal Acupuncture is a hugely useful, convenient, and gentle mode of delivering an acupuncture treatment, and I would encourage all practitioners to at least consider adding it to their repertoire of techniques. I especially love how abdominal treatments can be easily combined with any other selection of body points, to make for some very powerful sessions indeed. The abdomen is a very safe place to treat just about anyone, and I believe it is the correct method of treating the weak and infirmed, as opposed to using too many points on the extremities which may exhaust the yang energy of patients who might not have much of it. Having first learned about abdominal via two full-priced in-person seminars, I can attest to the fact that all the didactic information I learned in those seminars was contained in this book - and then some. This is a very handy reference, thorough and well-organized without being overly complicated.

I have been practicing dr. Tan and master tung acupuncture for a few years now and I am always curious and learning new styles that can help patient outcomes. The book is easy to follow and I am finding that just in palpating the abdomen I can verify problems in the rest of the body. I'm sure as I get better at using the style the results will be even better! The book is easy to follow and also has a great section with case studies to help make it more clinically applicable

Very good e-book! I wish the points were shown more on a real model than on a water color drawing. It is also hard to zoom in to see in detail where the points are so you have to rely more on words than on visual mapping.

I have read many acupuncture books over the last 25 years. This has been one of the more clinically and pragmatically useful. Techniques and protocols in this book can immediately be put to use for a qualified licensed acupuncturist of any style. It was one of the few books that actually got me excited to try out. It works and I highly recommend this book. Cameron Bishop DAOM, L.Ac.

This is a very well written book, easy to follow. Abdominal acupuncture is very impressive.

Loved the book! Very organized and well written presentation of a powerful micro-system. David

Shipsey is introducing a profound new system to the western practitioner. Thank you David.

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